

Edinburgh Sports Club

Use of Changing Rooms Policy

Edinburgh Sports Club strives to ensure that all children (anyone under 18) are safeguarded from abuse and have an enjoyable experience playing sport at Edinburgh Sports Club.

This policy applies to all staff, coaches, volunteers, players, parents/carers and any other individuals associated with Edinburgh Sports Club.

This document sets out the Edinburgh Sports Club policy for the acceptable use of our changing rooms.

1. Mobile phones and other electronic devices capable of taking photos or filming **MUST NOT** be used in changing rooms. Anyone observed taking photos or videos will be reported to the police without delay.
2. Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
3. If adults and children need to share our changing rooms, they will do so at different times.
4. Where it is unavoidable that changing rooms are used by both adults and children at the same time, there will be access to separate changing, showering and toilet areas. Cubicles are available in the changing rooms.
5. In circumstances when adults and children must share, adults must take care to protect the modesty and privacy of themselves and the children.
6. Parents / carers should be informed that children may be required to share a changing room with adults.
7. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
8. Where possible single adults should not be in the changing rooms when children are present and one single child should not share a changing room with more than 1 adult (unless one adult is a parent of the child).
9. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs (*n.b. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/safeguarding-lgbtqplus-young-people/>*
10. For younger groups of children, a PVG checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.
11. Where no changing facilities are available children, parents and travelling teams/players will be made aware prior to the game and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits etc.

A copy of this policy will be displayed in the changing rooms.